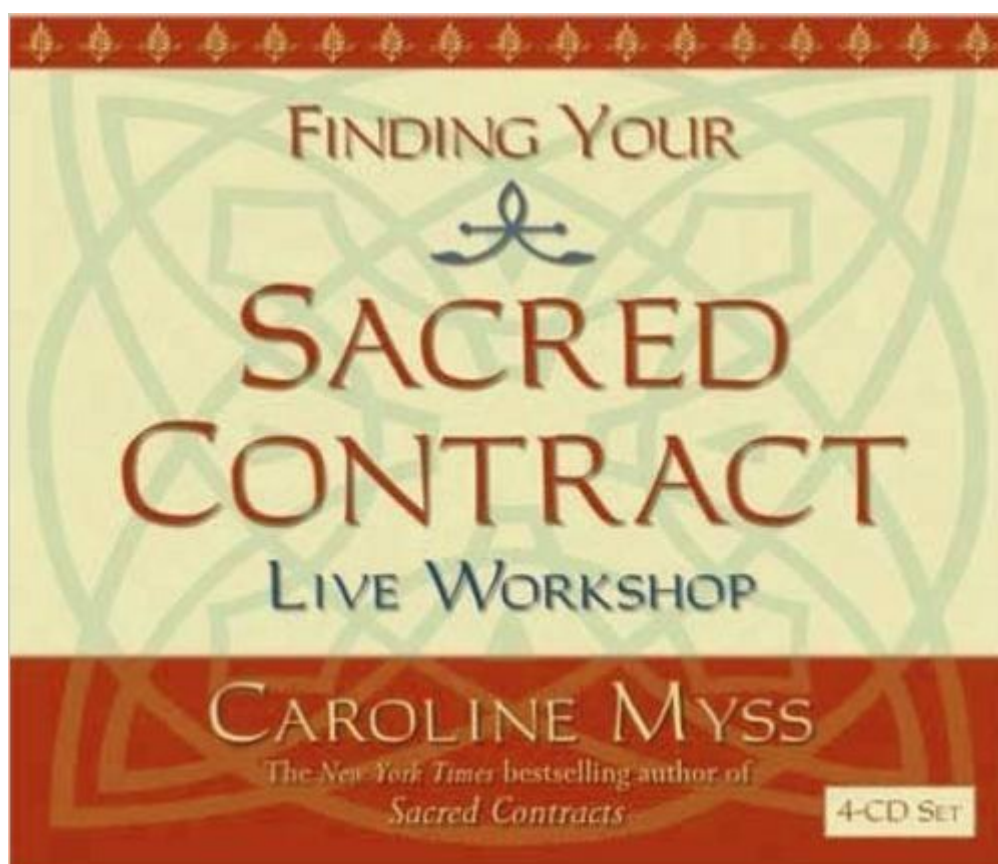


The book was found

Finding Your Sacred Contract



Synopsis

This workshop, recorded live in Chicago, Illinois, focuses on how to find your life's mission, or "Sacred Contract." • By coming to know your mission, you can live your life in a way that makes best use of your energy. Finding out where you invest your energetic currency can show you how to manage your power as opposed to being managed by it. When you're working well with your energy, you're also making the best expression of it and living in accord with your Sacred Contract. • Caroline Myss shows you how to discover your archetypal patterns, both symbolically and literally, and how to find the four archetypes we all share and the eight that are uniquely ours. By using these patterns, she teaches you how to use the "Archetypal Wheel" as an intuitive method to interpret the behind-the-scenes patterns of your life, revealing that your experiences and relationships to be spiritual dramas that are filled with opportunities for personal transformation.

Book Information

Audio CD

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Customer Reviews

Author Caroline Myss believes that before we incarnate, we (our souls) make contracts with people to accomplish and learn certain things. Archetypes, which are impersonal energy patterns, help us and others fulfill these contracts. (For more information on Archetypes and how they "dance" together, see my article [Seeing Yourself and Life Symbolically](#).) You may wonder "Is Finding Your Sacred Contract Workshop just a re-hash of what's in the Sacred Contracts book?" (At least, that's what I wondered!) The answer is no. There is definitely an expansion of some of the elements covered in the book, as well as interesting stories about Archetypes and how they play out in actors,

politicians, and even Myss herself. You may also be wondering "Do I need to read Sacred Contracts to understand the Workshop?" In my opinion, yes you need to read the book to understand the major tenets covered in the Workshop. Why? Although Myss conveys practical wisdom that could be understood by anyone, she refers often to the "3 columns" that are in the book, as well as the Archetypal Wheel, Archetype/chakra correlation, and the Archetype gallery in the back of the book. I think those references would prove confusing for those that have not seen those elements visually (3 columns and the wheel), as well as those not familiar with Archetypes and how they play out contractually. Even though I read and highlighted my copy of Sacred Contracts many times, I found myself taking 13 pages of notes (front and back, lined paper) from this audio Workshop. I'll share some gems from each of the CD's in a minute, but I need to warn you: there are some people that find Myss abrasive, arrogant, and rude.

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